

University of Jyväskylä (Finland)

Contact Information	
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Contact person for incoming and outgoing BILATERAL exchange students	Ms Tiina Savela, International Coordinator email. tiina.savela@jyu.fi tel. +358 40 805 4342
Online brochures and videos	https://www.jyu.fi/en/university-services/university-communications/materials https://www.youtube.com/watch?v=gtPoGYK4-bY https://youtu.be/PvuN9Ttur1o

General information about the university

University of Jyväskylä	<p>University of Jyväskylä (JYU) is an internationally ranked research university. We are one of the largest and most popular multidisciplinary universities in Finland. JYU provides a genuinely supportive and enjoyable environment for studying. Our university has 15 000 students from about 100 countries. We believe that interaction with people from different cultures and backgrounds is an essential part of academic studies and the university experience. We are therefore committed to promoting international cooperation.</p> <p>JYU offers undergraduate and postgraduate degrees, teacher training programmes and over 120 subject area disciplines within the Faculties of Education and Psychology, Humanities and Social Sciences, Information Technology, Mathematics and Science, Sport and Health Sciences, and the School of Business and Economics.</p> <p>Study experience at JYU is shown as excellent results in the International Student Barometer (ISB) in autumn 2017: Over 90% of our international respondents are satisfied with their study experience. In the survey, JYU's ratings for satisfaction with living were the best worldwide and satisfaction with teaching was the highest in Finland. ISB also shows our success in welcoming our international students, as satisfaction with</p>
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	<p>arrival experiences and conditions topped other European universities.</p> <p>https://www.jyu.fi/en/apply/get-to-know-us</p>
Core fields	<p>The University combines high-level competence in education, natural sciences, humanities and social sciences, and sport and health sciences, as well as in economics and business administration, into a multidisciplinary entity. This profile is strengthened through the following core fields:</p> <ul style="list-style-type: none"> • Learning, teaching and the learning and growth environments that support development • Basic natural phenomena and mathematical thinking • Languages, culture and communities in global change processes • Physical activity, health and wellbeing • Information technology and the human in the knowledge society
Short description of the city of Jyväskylä and the campus	<p>“A small city with a big feel” accurately describes Jyväskylä, located in the lake district of Finland some 270 kilometres north of Helsinki. It has the advantages of a small town being comfortable, compact and safe, and at the same time, it is a bustling modern centre of industry and learning. Out of the 145 000 inhabitants in the Jyväskylä region almost one fourth are students. https://www.jyu.fi/en/apply/get-to-know-us/city-of-jyvaskyla http://visitjyvaskyla.fi/en</p> <p>The JYU campus is a combination of modern style and classics of the famous architect Alvar Aalto. Seminaarinmäki campus was awarded 2022 with European Heritage Label. The campus highlights the significance of the Finnish and European education system as a basis for equal and democratic society.</p>
Estimated cost of living	<p>International students must be able to pay for their food, accommodation, transport, social life, etc. The average living expenses of a single student in Jyväskylä amounts to about €700-900 per month. Average monthly costs:</p> <ul style="list-style-type: none"> • rent in a student apartment 260 - 360 € • food 200-250 € (eg. a lunch in a student restaurant 2,95 €) • transport, leisure and other costs 150-250 €

Nominations and Application

Nominations

Nominations should be sent via our online nomination form. The link will be sent to partner universities when a new



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	<p>application period begins.</p> <p>Nomination deadlines:</p> <ul style="list-style-type: none"> • Autumn semester: 1 May • Spring semester: 15 October <p>Please note that only 50% of the nominated students can be students aiming to study Education at JYU.</p>
Application periods	<p>Autumn semester: 15 March - 15 May Spring semester: 1 September - 1 November</p> <p><i>Please notice that it is highly recommended that students coming from countries outside the EU apply well in advance because the application process for the residence permit to Finland will take more than a month (especially for the autumn semester).</i></p>
Application form	<p>In order to be admitted to the University of Jyväskylä, students must fill in an online application through the Mobility-Online system. The link to the online application will be send to the nominated students. The application instructions can be found at https://www.jyu.fi/en/apply/student-exchange/how-to-apply.</p> <p>In addition, students should attach an official transcript of records (in English) and a copy of their passport to the online application. Students also need to submit their preliminary study plan (Learning Agreement) as part of the online application.</p> <p>Course registration is done after the student's arrival to Jyväskylä and it is then possible to make changes to the preliminary study plan.</p> <p>Paper copies of the application or its attachments are not required.</p>

Academic Calendar	
Semester dates	<p>Autumn semester: 29 August – 15 December 2023 Spring semester: 3 January – 26 May 2024</p>
Orientation programmes	<p>Autumn semester: 29 August - 1 September 2023 Spring semester: 3-5 January 2024</p> <p>An orientation programme is organized at the beginning of each semester. All exchange students are requested to take part in the orientation programme as it gives valuable information on studying and living in Jyväskylä. For further information on the orientation, please see</p>



	https://www.jyu.fi/en/study/new-student-handbook/orientation-programme-for-exchange-students .
Arrival dates	Autumn semester: 28 August 2023 Spring semester: 2 January 2024

Courses	
Courses in English	r.jyu.fi/courses
Questions related to courses and academic matters	Faculty-level international coordinators: r.jyu.fi/coordinators
Which courses to choose?	Exchange students can choose courses from the curriculum of their host department and/or from the international study programmes arranged at the University of Jyväskylä. Some courses may be open to all exchange students. The openness is indicated in the course description by 'ALL' or a similar marking. Restrictions: <ul style="list-style-type: none"> - Some courses may be targeted at students of a particular department or faculty only. - Courses may have prerequisites which participants must fulfil.
Course levels	The fourth character in the course code indicates the level of study as follows: P = Basic studies, bachelor level A = Intermediate studies, bachelor level S = Advanced studies, master level.
Language of instruction	All courses offered for exchange students are given in English, apart from some language courses.

Accommodation	
How to apply for student housing	International students are accommodated in the housing units of Central Finland Student Housing Foundation (KOAS) and Soihtu Kortepohja. Accommodation is located about 2,5 - 4 kilometres from the main campus. Students should apply for accommodation as part of the application process https://www.jyu.fi/en/apply/student-exchange/how-to-apply . There is no need to fill in separate applications.
Application deadlines for student housing	Autumn semester: 15 May Spring semester: 1 November
Further information	The apartments are usually shared by two (sometimes more) students. Each student will have a study-bedroom for



	him/herself. The kitchen and bathroom are shared with a roommate. More information about housing at https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/accommodation#autotoc-item-autotoc-6 .
Tenancy period	The University of Jyväskylä has reserved a quota of furnished study-bedrooms for exchange students. Those placed in the study-bedrooms of KOAS or Soihtu Kortepohja within the quota are required to sign a tenancy agreement for a fixed term. The fixed-term tenancy agreement cannot be terminated within the tenancy period.
Availability of the apartments	Student housing cannot be guaranteed to all applicants during the autumn semester. Most students coming for the spring semester will be able to get a room from KOAS or Soihtu Kortepohja. Student apartments are available from the first working day of the month. If students arrive earlier, they may have to stay at a hotel or hostel until the student apartment is available. More information on hotels and hostels in Jyväskylä can be found at https://visitjyvaskyla.fi/en/stay-over-relax/accommodation .
Monthly rent and deposit	The price for a furnished single study-bedroom with a shared kitchen and bathroom varies from 260 € to 360 € per month. A limited number of studios is also available at Soihtu. The price for a studio is about 400 € per month. A deposit and/or rent for the first month must be paid to the accommodation office's bank account in order to confirm the housing offer.

Language Courses and Language Skills Required

Language skills required	Applicants should be at least B1 but preferably B2 (or higher) level users of the English language. Students should be able to follow university lectures in English, participate in seminar discussions and understand written material in their field. In addition, most courses require writing essays and research papers. A language test certificate is not required from exchange students. NB! In order to be able to apply for English as a major subject during the exchange, a student needs to have proof of TOEFL iBT 100.
Survival Finnish	August 2023 (contact teaching) Open to exchange students admitted to study at the University of Jyväskylä. Free of charge. Application deadline: 15 May. Further information and exact dates will be updated later to https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/s2/intensiivikurssi



Intensive Summer Course in Academic English	<p>August 2023 (contact teaching) Targeted at students whose English language proficiency level is A2-B1 (lower intermediate – intermediate). Free of charge. Before applying for the course, please assess your language skills by using the framework available at https://movi.jyu.fi/en/instructions/general-proficiency-level-assessment-guidelines.pdf/view. Application deadline: 15 May. Further information and exact dates will be updated later to https://www.jyu.fi/en/apply/xenx040-intensive-summer-course-in-academic-english</p>
Language courses offered during the semesters	<p>The Centre for Multilingual Academic Communication Movi offers various courses in Finnish, English and other languages, as well as in multilingualism and intercultural communication.</p> <ul style="list-style-type: none"> - Finnish courses: https://movi.jyu.fi/en/courses/languages/finnish - English courses: https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/englanti/elective - Courses in other languages: https://movi.jyu.fi/en/courses/languages - Courses related to multilingualism and intercultural communication: https://movi.jyu.fi/en/courses/multilingualism

Residence Permit	
EU/EEA/EFTA citizens	<p>Citizens of the EU/EEA/EFTA countries do not need a residence permit but they must register their right to reside in Finland if their continuous stay in Finland lasts for longer than 90 days. The registration should be done by submitting an application for registration and visiting a service point of the Finnish Immigration Service. More information: https://migri.fi/en/i-am-an-eu-citizen</p>
Non-EU/EEA/EFTA citizens	<p>Citizens of non-EU/EEA/EFTA countries who wish to stay in Finland for more than 90 days must be in possession of a residence permit when entering the country. An application for the permit should be submitted electronically at https://migri.fi/en/home as soon as the student has received the letter of admission. In addition to the electronic application, all applicants must visit a Finnish embassy in person to have their fingerprints collected. More information: https://migri.fi/en/residence-permit-application-for-studies</p> <p>In order to obtain a residence permit to study in Finland, international students must show that their income is secured during the academic year. They must be able to prove that they have at their disposal at least EUR 560 for a month or EUR 6720 for a year. The following conditions must also be fulfilled:</p> <ul style="list-style-type: none"> • the applicant must be at least 18 years of age



	<ul style="list-style-type: none"> the application must provide evidence that the applicant has been accepted as a full-time student in Finland (letter of admission) details of the comprehensive health insurance cover (with a reliable and solvent company or institution) must be attached to the application <p>Doctoral students must apply for a residence permit for scientific research https://migri.fi/en/researcher. NB! Doctoral students must be able to prove that they have at their disposal at least EUR 1000 per study month.</p> <p>NB! Please notice that if a student wishes to open a Finnish bank account, s/he needs to be in possession of a valid residence permit.</p>
Non-EU/EEA/EFTA citizens studying in an EU/EEA/EFTA country	Citizens of a non-EU/EEA/EFTA country who study in an EU/EEA/EFTA country as a degree student should have a valid residence permit in the country where they study as a degree student. In addition, a mobility notification should be submitted to the Finnish Immigration Service. More information: https://migri.fi/en/mobility-notification-to-finland

Insurance

Non-EU/EEA/EFTA citizens	All students studying at the University of Jyväskylä are responsible for obtaining their own insurance. Insurance cover is required when applying for the residence permit.
EU/EEA/EFTA citizens	Citizens of the EU/EEA/EFTA countries should bring a European Health Insurance Card with them. The European Health Insurance Card entitles the holder to all medically necessary care during his/her stay on the same terms as the local residents. Some health centre services are by law free of charge but the health centres may charge for certain services. Additional health and travel insurance is strongly recommended to cover any unexpected expenses, such as repatriation, medical transport or damage to personal belongings.

Student tutors and free-time activities

Student tutors/ Arrival Service	The International Office employs tutors (senior students) from each faculty. Their task is to acquaint new international students with the system of studies and campus life in Jyväskylä and to help them with practical questions, such as planning a timetable for studies and finding their way around the campus and the city centre.
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	Tutors will contact arriving students a couple of weeks before the beginning of the semester. They will, among other things, meet the students at Jyväskylä Travel Centre (railway/bus station) when they arrive to Jyväskylä and take them to their apartments, provided that the incoming student has notified the tutor of their exact time of arrival at least one week in advance. https://www.jyu.fi/en/study/new-student-handbook/plan-your-journey
Free time activities	Sports and exercise opportunities at the University of Jyväskylä are almost limitless ranging from wall climbing, spinning and snowboarding to the more traditional skiing, aerobics, yoga and various ball games. For music and culture lovers the University offers many other free time activities, including performances by the University Symphony Orchestra, several choirs and bands, student theatre, and a rock club with stand-up comedy nights and improvisation theatre. The Student Union in cooperation with the Erasmus Student Network (ESN) organises various events, trips, parties and get-togethers for exchange students eg. the Ultimate Sauna Experience, Café Lingua, Trips to Lapland, Sweden and many more! More information at https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/social-activities-and-leisure-time

Summer and Winter Schools

Summer and Winter Schools at JYU	JYU organizes two annual summer schools: International Summer School in Human Sciences in May-June, and Jyväskylä Summer School in August which offers courses in various fields of science. We also organize two winter schools: Winter School in Sport Sciences in January, and Winter School in Ecology in February. More information at https://www.jyu.fi/en/apply/summer-and-winter-schools .
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COVID-19

Guidelines by the University of Jyväskylä	The University of Jyväskylä will accept exchange students for in-person exchanges during the academic year 2023-2024. Partner institutions and applicants will be informed of any updates made in the matter. The University of Jyväskylä reserves the right to cancel student exchanges, if the number of COVID-19 infections rises drastically.
Links for updates	Coronavirus Instructions JYU: https://r.jyu.fi/DmW Finnish Institute for Health and Welfare: https://thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates . Coronavirus information for incoming exchange students (to be updated): https://r.jyu.fi/DqG



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